

## Facilitating intergenerational solidarity and learning through building friendships between youngsters and elderly

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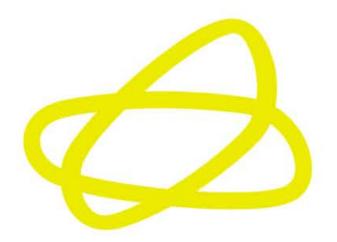












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## RUNNING A BEFRIENDING SERVICE

Volunteer is anyone who donates his or her free time to others out of solidarity. Dealing with elderly and vulnerable people, however, is a responsibility that requires attention and preparation.

A Befriending service must therefore be implemented and managed according to precise criteria defined in its various steps:

- recruitment and selection of volunteers
- management and motivation
- Befrendee assessment
- matching Befienders and Befriendees



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